

<i>Policy Name</i>		
Athlete Assistance Program Carding Criteria Paralympic Program, 2026-2027 Cycle		
Date of Approval Apr. 2 2026	Activation Date April 2nd 2026	<i>Updated:</i> N/A
<i>Review Cycle</i> Written by: High Performance Manager Reviewed by: Head Coach, Paralympic Team, Para-Archery Technical Advisory Group Approved by: Archery Canada Board of Directors and Sport Canada		<i>Linking to</i> <ul style="list-style-type: none"> ● Sport Canada AAP Policies ● Archery Canada Policies ● Archery Canada National Ranking Procedures

1.0 General Information

The goal of the Sport Canada Athlete Assistance program (AAP) is to contribute towards improved Canadian performances at major international sporting events such as the Olympic/Paralympic Games and World Championships. More information on the AAP policy supporting the Archery Canada (AC) carding policy and process can be found at the following link:

<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>

The AAP has three levels of cards, which provide a monthly living and training allowance to carded athletes as follows:

Card Type	Monthly Allowance	Total Value
Senior International Card (SR1/SR2)	\$2,175	\$26,100
Senior National Card (SR)	\$2,175	\$26,100
Development Card (D)	\$1,305	\$15,660

Table 1: AAP carding allowances

In addition to the monthly allowance, carded athletes can take advantage of further support, related to tuition or dependents. Details of eligibility can also be found under the above AAP link.

For the 2026-2027 cycle, Sport Canada has allocated the equivalent of three (3) Senior Cards to Archery Canada (AC) for Paralympic program athletes. This totals \$78,300 in carding support available.

Under the guidance of the AAP policy, AC has the ability to apply the total carding funding envelope in the context of its high performance strategic objectives and may allocate a varying number of Senior (SR International or National) or Development (D) cards. AC does not have to allocate 3 SR Cards for a given year. As such, the distribution of SR and D Cards may vary depending on the strategic direction of the program or where the carding cycle lies in an Olympic quadrennial.

Athlete nominations to Sport Canada for carding will be made each year. The High Performance Manager (HPM), in collaboration with the Technical Leadership (comprised of a group of experts, with in-depth knowledge of the athletes being evaluated, which could include the HPM, Head Coach - Paralympic Team and/or any required sport science staff, is responsible for nominating the Paralympic program athletes for Sport Canada's AAP. All nominations will be submitted to a Selection Ratification panel for review and ratification, before nominations to Sport Canada. The Selection Ratification panel will consist of:

- (1) Archery Canada Board Member
- (2) Independent, Neutral Members

2.0 Performance Objective

AC's high performance objective is to create sustainable podium potential at the World Championships and Paralympic Games levels. Program selections and investments will be made in accordance with these stated performance objectives.

3.0 Eligibility

To be considered for carding, an athlete must meet all the requirements listed by Sport Canada's AAP found under the link provided in section 1.0 above, including:

- Must be a current registered member of, and in good standing, with Archery Canada, meaning the athlete is not currently suspended or under any sanction which precludes them from being eligible for carding;
- Must be eligible to represent Canada under the rules of the International Federation (World Archery)
- Compete in an event or discipline that is contested at the Paralympic games and is recognized by Sport Canada for AAP support.
- The athlete must be a Canadian citizen or permanent resident of Canada at the beginning of the carding cycle - Dec. 1 2026
 - Permanent residents must live in Canada for the full year preceding the start of the carding cycle for which the athlete is being considered for AAP support
 - For athletes who have been permanent residents of Canada for three years or more, continued eligibility to receive AAP support is contingent on the athlete becoming eligible (Canadian Citizenship) to represent Canada at the Paralympic Games;
- must be available to represent Canada in major international competitions, including but not limited to World Championships and/or Paralympic Games;
- Must be classified in an eligible category under the World Archery (WA) and IPC classification system for Para Archery
- Must not be under suspension, or other sanction, for any doping or doping-related offense pursuant to the Canadian Anti-Doping Program and/or pursuant to the WA's Anti-Doping Rules or the anti-doping rules of any anti-doping organization that has authority over the athlete;

- Must not be under suspension (including a provisional suspension) for any violation of AC policies, the Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS), or the policies of any other sport organization with authority over the athlete;
- Must sign the Athlete Agreement as required by Archery Canada and Sport Canada
- Must complete and sign the UCCMS Consent Form
- Must have met the Specific Criteria set out in Section 7 (where relevant);
- Does not have any outstanding accounts with AC that are more than 30-days in arrears or are without an approved payment plan;
- Must continue to meet the competition ,training, logging, and testing expectations of the Paralympic Head Coach (HC) and High Performance Technical Leadership.

4.0 CARDING CYCLE & QUALIFICATION PERIOD

The Carding cycle runs from December 1st 2026 to November 30th 2027. To be eligible for nomination for Sport Canada’s Athlete Assistance Program (AAP), the athletes must meet the required performance standards as set out in section 7 (carding criteria) by from Nov. 1 2025 to Oct. 31 2026

5.0 OVERVIEW OF THE CARDING SYSTEM

5.1 SENIOR INTERNATIONAL CARDS

An athlete at the Senior International level is expected to demonstrate performance progression towards outstanding performances at World Championships or Paralympic Games. Athletes may be nominated for a Sr. International Card for two consecutive years, referred to as SR1 and SR2. Athletes carded as a SR1 should demonstrate consistency in their results to be re-nominated for SR2 Card status.

For 2026-2027, there are no Senior International eligible criteria events. Therefore, no Senior International Cards will be available for the 2026-2027 Carding Cycle.

5.2 SENIOR NATIONAL CARDS

An athlete at the Senior National level is expected to demonstrate performance progression towards Senior International status, through performances at World Ranking Events, Para America’s Cups and/or other identified international events when specified. Please refer to section 8.

Once an athlete has been carded for 6 full carding cycles or more at the Senior National level (SR) to be recommended for additional years of carding support the athlete must either:

- A. Meet the International Senior Card criteria, as outlined in section 8, below; or
- B. Clearly demonstrate evidence and progress toward placing in the Top 8 at the World Championships and the Paralympic Games.

A full carding cycle is defined as receiving AAP support for the total number of months identified for each cycle (please see section 4 of this document). If Archery Canada, through the approval of Sport Canada, sees an adjustment in their carding cycle that may shorten or extend the number of months in which an athlete receives AAP support in that cycle, that cycle will still be counted as a full carding cycle, regardless of the number of months within that cycle.

5.3 DEVELOPMENT (D) CARDS

Development cards are intended to support the developmental needs of athletes in the earlier stages of the high performance pathway. This includes but is not limited to archers who have begun to compete locally/provincially within the last 2 years and who demonstrate potential to achieve Senior Card criteria in the next 5 to 8 years.

Any D Card athlete is expected to progress in their results toward achieving either SR International or National Card eligibility.

AC has established the maximum number of months an athlete can be nominated for a Development card at 5 full carding cycles. An athlete at the development card level is expected to obtain the criteria to be nominated for either a Senior National or International card within this time frame.

A full carding cycle is defined as receiving AAP support for the total number of months identified for each cycle (please see section 4 of this document). If Archery Canada, through the approval of Sport Canada, sees an adjustment in their carding cycle that may shorten or extend the number of months in which an athlete receives AAP support in that cycle, that cycle will still be counted as a full carding cycle, regardless of the number of months within that cycle.

Under the circumstance that an athlete has not reached SR Card levels after 5 full carding cycles, and the athlete is demonstrating performance progression in line with achieving SR Card level within a further 12 to 24 months they may be recommended for continued D card support. If an athlete will be nominated for a development card beyond 5 full carding cycles a clear performance benchmark will be communicated and documented in which the nominated athlete must meet during the carding cycle to retain eligibility.

6.0 Eligible Events for Nomination Evaluation

Except as otherwise stated herein, decisions on Carding nominations will be based upon athlete performances abilities at the following events. Priority ranking for nominations is listed below in Sections 7 and 8.

Card Level	Qualification Rounds at USAT's & SoCal Showdown ¹	Para World Series Events	Lima Para Pan Am Championships	National Events	Other Events (local)
Sr1/2 Cards	N/A				
Sr Cards	✓	✓	✓	✓	
D Cards	✓	✓		✓	✓
Overall Season Performance	✓	✓		✓	✓

Table 2: Carding Nomination Eligible Events

¹USAT's, such as the SoCal Showdown is an able-bodied event. Para Archery athletes at this event will compete in their eligible classification category then be combined with the able-bodied categories for elimination match play. As a result final placements will not be used in assessment for Senior National or Development cards, but are eligible in the assessment of the athletes overall season performance. The SoCal Showdown is the only identified team event in 2026, and therefore is the only USAT in which a Core Competency review may occur.

7.0 SPECIFIC CARDING CRITERIA & PRIORITIZATION

The following table outlines the priority sequential order for nominating eligible athletes for the specified card level, until there are no funds remaining. Specific criteria for each priority is outlined in 7.1 to 7.4 below. In the event that there are insufficient funds to award a Development or Senior Card to all eligible athletes within each of the Priorities then the athletes will be ranked, as outlined in section 7.5, in the Para Archery Athlete Depth Chart to determine nominations.

Priority Order	Card Level
1	Senior National - Individual Para Pan Am's Performance
2	Senior National - Season Performance
3	Development - Sr. Eligible Athletes
4	Development - Doubles Pan Ams
5	Development - Athlete Depth Chart
6	Health Related Circumstances - SR Card

Table 3: Prioritization of Card Nominations

7.1 Senior International Cards (SR1 and/or SR2)

Senior International Cards are only available based on performances at a World Championships or Paralympic Games within that carding eligibility period. As there are no World Championships or Paralympic Games in the 2026 competitive season, no Senior International Cards are available for nomination.

Additionally, as no athletes in the 2025-2026 carding cycle were nominated for a SR1 card, no SR2 Maintenance cards are available for nomination.

7.2 Priority 1: Allocation of Para Pan American Games Individual Performance - Senior National Cards

7.2.1 Athletes who earn a discipline specific **individual** quota for the 2027 Para Pan American Games in any of the following categories at the 2026 Para Pan American Championships, will be nominated for a Senior National Card:

- Compound Open
- Recurve Open
- W1

Athletes are credited with earning a Para Pan Am individual quota if they are among the top three finishers who do not already hold a Doubles quota. If a nation wins the Doubles event and their athletes

also finish on the individual podium, the individual quotas 'roll down' to the next highest ranked eligible athletes (e.g., 3rd, 4th, and 5th place).

7.3 Priority 2: Allocation of Additional Senior National Cards

If no athletes are nominated for a Senior National Card under Priority 1, Archery Canada may nominate, up to a maximum (1) athlete for a Senior National Card. Nomination for a Senior National card will require athletes to meet **all** of the following stated criteria. If no athlete meets the stated criteria or sufficiently demonstrates their ability to meet the criteria, no nomination will be made for a Senior National Card. The performance criteria is as follows:

- Be a national team athlete on the 2026 Archery Canada High Performance or Development Para Archery Teams
- Have met or exceeded the respective Target Selection Scores (TSS²) at least twice (2x), in international competition or at National Championships, within the eligibility period as stated in section 4, see table 3 below, and;
- Place on the Podium or in the Top Half³ of their field at a Para World Series event

²TSS scores are established based on performances of the international competitive field from key events, such as Paralympics, World Championships and Para World Series events. Athletes who meet the established TSS will be the first athletes eligible for nomination. If an athlete does not meet the TSS score, but is within the following stated percentages of the score, will be considered for nomination for a Senior Card, through ratification by the Selection Review Panel:

- W1 & Compound Athletes: Within 1% of the stated score
- Recurve: Within 1.2% of the stated score.

³Top Half of the Field will only be utilized in a competition where there are, at minimum, eight entries or more in the respective equipment category.

Target Selection Scores			
Category	720 Round Score	720 Round Score	TSS Percentage Score Range
Men's W1	50m	646	640-645
Men's Compound Open	50m	684	677-683
Mens Recurve Open	70m	624	617-623
Women's W1	50m	623	617-622
Womens Compound Open	50m	674	667-673
Womens Recurve Open	70m	595	588-594

Table 4: Senior National Target Selection Scores

7.3.1 If more than one athlete meets the stated criteria, then there are cards available, the following process will be used to break the tie:

1. Athletes will be nominated based on their finish/final ranking at the 2026 Para Pan Am Championships.
 - If the athletes are tied at that event, then the athlete who had the higher position at the Para World Series in Santiago, CL will be used to break the tie
2. If a tie still persists, the tied athletes will be evaluated on the following metrics:
 - **2026 Core Competencies Evaluations (Appendix A)**
 - Athlete's Overall Season Performance and International Potential: Comparison of the athletes season qualification scores with their international competitive field, referred to as International Medal Potential (IMP)
 - Athletes evaluations in the above metrics, will be calculated, then ranked as follows:
 - Their Highest Core Competency Evaluation Score from the season will be selected and used as their Core Competency Points
 - For Overall season performance:
 - all of the athletes Qualification round scores, from eligible events, will be collected, and averaged. The average will be rounded to the nearest whole number
 - The difference between the athletes final average and the International Medal Potential, will be calculated, and equate to their Season Performance Points
 - Athletes will be ranked based on their total points from Core Competency & Season Performance Points, from highest total to lowest.
 - The athletes will be nominated, in sequential order, from highest to lowest points.
 - If a tie continues to persist, then nomination will be at the discretion of the HPM and Head Coach of the Paralympic Program.
3. Athletes who meet the Senior Card criteria but fall outside the allocated nomination quota will be prioritized for Development Card funding, and placed at the top of the Depth Chart for that category

7.4 Priority 3: Allocation of Development Cards - Senior Eligible Athletes

7.4.1 Athletes who met the Senior Card criteria but fell outside the allocated nomination quota will be prioritized for Development Card funding. Eligible athletes will be nominated for a Development Card, based on the final ranking as determined under section 7.3

7.5 Priority 4: Allocation of Development Cards - Para Pan Ams - Doubles

7.5.1 Doubles Teams who achieve a Top 3 performance or earn a discipline specific **doubles team** quota for the 2027 Para Pan American Games in any of the following categories at the 2026 Para Pan American Championships, will be nominated for a Development Card:

- Compound Open
- Recurve Open

Due to the limited competitive field in the W1 category, there will be no W1 Doubles event at the 2026 Para Pan Am Championships or the 2027 Para Pan Am Games. Consequently, W1 Doubles Teams will not be prioritized for carding at this time.

7.6 Priority 5: Allocation of Development Cards Athlete Performance and Depth Chart

If funding and eligible athletes without nomination remain after the above priorities are exhausted, the remaining athletes will be assessed and ranked in the Para Archery Athlete Depth Chart, based on the following criteria:

- **Classification:** At minimum, athletes must be classified Nationally in an eligible Para Category and have been named to either the 2026 High Performance or Development National Team
- **Athlete Qualification Performance Points:** Athletes must demonstrate competitive ability, and evidence on performance progression towards Senior National level Target Selection Scores, in the next 5-8 years.
 - The athletes 720 Qualification scores that meet the stated TSS⁴ for a developmental level athlete, outlined in table 5 below, will be collected, averaged to the nearest whole number
 - The averaged whole number will equate to their Points for this section.
- **Match Play Performance points:** Athletes who have competed at events with Match Play, will be awarded Match Play performance points, and added to the Depth Chart. Performance points are calculated based on the athlete's final finish at an event. The athletes Top 3 Match Play performance points will be used in the Depth Chart Ranking. The full process can be found here: https://archerycanada.ca/wp-content/uploads/2025/02/FINAL_2025-Target-Archery-National-Ranking.pdf
- **2026 Core Competencies Evaluation:** After each key event in 2026, the athlete will complete this evaluation with the Paralympic Head Coach. Their scores from each event will be averaged and summated together, to determine this section's points in their Depth Chart ranking. If, for any reason, an athlete was not assessed against the Core Competency Evaluation a review and assessment session will be arranged between the athlete, the Paralympic Head Coach, their personal coach + 1 Neutral member, to complete an assessment.

⁴TSS scores are established based on performances of the international competitive field from key events, such as Paralympics, World Championships and Para World Series events. Athletes who meet the established TSS will be the first athletes eligible for nomination. If an athlete does not meet the TSS score, but is within the following stated percentages of the score, will be considered for nomination for a Senior Card, through ratification by the Selection Review Panel:

- *W1 & Compound Athletes: Within 1% of the stated score*
- *Recurve: Within 1.2% of the stated score.*

Target Selection Scores (TSS)			
Category	Distance	720 Round Score	TSS Percentage Score Range
Men's W1	50m	565	559-564
Men's Compound Open	50m	636	630-635
Mens Recurve Open	70m	528	522-527
Women's W1	50m	452	447-451
Womens Compound Open	50m	570	564-569
Womens Recurve Open	70m	427	422-426

Table 5: Development Card Target Selection Scores

Athletes will then be nominated based on ranking, from highest to lowest Athlete Depth Chart points, until funding is exhausted.

7.7 Priority 6: Health Related Circumstances - SeniorCard (SRH)

If funding remains, Archery Canada will consider nominating Athletes for a Senior National Card, due to Health Related Circumstances in accordance with Sport Canada AAP policy.

7.6.1 If an athlete, who was nominated for a SR2 or SR card in the 2025-2026 cycle, and was a member of the World Championship Paralympic team in the previous year (2025), who at the end of the Carding cycle eligibility period, has not achieved the standard required for the renewal of Carding status strictly because of health-related reasons, may be considered for re-nomination for the upcoming year provided the following conditions are met:

7.6.1.1 The athlete must, immediately following the incident or occurrence, report injuries, a medical condition (including pregnancy) or illnesses in writing and provide a medical certificate to the High Performance Manager (HPM). The HPM will assume responsibility for the assessment and management of such injuries, medical conditions or illnesses and for the determination of whether such injuries or illnesses are career-ending;

7.6.1.2 In the case of injury or illness, no Carding nominations will be made for injuries that are determined by the HPM in consultation with medical professionals and the athlete in question to be career-ending;

7.6.1.3 If an athlete competes in an identified eligible event (section 6.0), they may not invoke Section 7 in respect to the eligible event in which they competed. The intention of this provision is to ensure that athletes who are injured, suffering from an illness, or who have a medical

condition, do not compete as it could cause further ill health, or harm. If an Athlete does compete, they must accept the final result they have achieved;

7.6.1.4 The athlete may be nominated for a Senior or Development Card on the grounds of injury, a medical condition (including pregnancy) or illness at the sole discretion of the HPM in consultation with the Paralympic Head Coach, based on the following factors:

- the nature and details of the diagnosis and prognosis;
- assessment and training data provided by the Athlete that is verifiable and objective by their coach, the Paralympic Head Coach and athlete IST;
- evidence of the Athlete's level of performance prior to injury;
- the strength of the Athlete's rehabilitation and training plan as evaluated by the HPM and Paralympic Head Coach with collaboration of the athlete's personal coach
- the advice of medical experts provided to the HPM; and
- the realistic expectation that the Athlete can return to full fitness and continue to demonstrate the potential to perform at the Top-8 level and progress toward continuous podium contender status.

7.6.1.5 Health Related Circumstances Card Nominations will be determined by:

- the number of Cards/funding available;
- Their national team designation in 2025 and/or 2026 - High Performance Team athletes will be prioritized first, then athletes named to the Para Development Team
- If multiple athletes apply for a Health Related Circumstances card, and had the same National Team Designation, nomination for the remaining cards will be based on the athlete's final ranking on the 2025 Para Archery Depth Chart, that determined nominations for the 2025-2026 Carding Cycle.

8.0 MAINTAINING CARDING STATUS

Carding selection and the continuation of carding is dependent upon the athlete's acceptance and adherence to the obligations as outlined in AC's athlete agreement and this carding policy. The athlete must agree to adhere to the training, competitive and administrative/governance policies and codes of Archery Canada. The athlete must also adhere to pursuing specific performance goals, fitness targets, or technical adjustments as identified by the Head Coach - Paralympic Team, High Performance Manager or designated Technical Leader.

All athletes will receive and must follow an approved yearly training plan (YTP) and Individual Performance Plan (IPP) during the carding cycle. Athletes are required to provide regular progress reporting, including specific formats and frequencies, as defined by the High Performance Manager (also see 11.0, Performance Monitoring).

Carded athletes must take part in all identified competitions, training camps, testing, and, if required, medical examinations to which they are selected. Should extenuating circumstances arise that prevent participation in any of these events, carded athletes must submit a written request for exemption to the HPM and Head Coach - Paralympic Team, who may grant an exemption depending on individual circumstances.

Should an athlete fail to meet their training or competition commitments, or are found to be in violation of the Athlete Agreement of Archery Canada and AAP policies and procedures, their carding status may be withdrawn, following the conclusion of the following process:

- Archery Canada has provided an oral warning to the athlete, which includes the steps and timelines required to remedy the situation as well as outline the consequences of failure to heed the warning
- A follow-up written warning is distributed to the athlete if the oral warning was not heeded.

If the above steps do not lead to a resolution, Archery Canada will forward a recommendation to Sport Canada to withdraw the athletes carding status. For the full overview of the withdrawal process, please see Sport Canada policies at:

<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html#a13>

9.0 PERFORMANCE MONITORING

Athletes, and their personal coaches or trainers, are responsible for attending regularly scheduled meetings with the Head Coach - Paralympic team and be proactive in their communication with the Paralympic Programs Technical Leadership throughout the carding cycle. Athletes are required to report their training data through the provided reporting structure and identified apps throughout the season.

Athletes are expected to demonstrate progress upon the agreed upon objectives within their YTP and IPP throughout the carding cycle. Examples of potential objectives include:

- Technical proficiency and progression
- Fitness or physiological goals
- Minimum benchmark scoring and competition performances.
- Training volumes
- Operational goals

Any expectations from the HPM or Head Coach - Paralympic Team will be provided to the athlete and their personal coach as applicable in writing, along with an explanation of what measures will be used to evaluate athlete progression toward meeting any objectives. Objectives may be adjusted throughout the carding cycle in consultation with the athlete, and the Head Coach - Paralympic Team.

10.0 CHALLENGES OR APPEALS

Appeals of Archery Canada AAP nomination/re-nomination decision or of an Archery Canada's recommendation to withdraw carding may be pursued only through the Archery Canada's review process, which includes an application to the Sport Dispute Resolution Centre of Canada (SDRCC). Appeals of AAP Decision made under Section 6 (Application for and Approval of Cards) or Section 11 (Withdrawal of Carding Status) may be pursued through Section 13 of the AAP Policies, Procedures and Guidelines.

Appendix A: Core Competency Evaluation

Core Skill: Training and Load Management		Complementary Skill: Technical Learning	
Follow arrow volumes, macro and micro session plans		Receive technical input in a receptive manner	
Attend every planned training session on time and prepared with the appropriate equipment		Display ability to implement technical changes including equipment changes as necessary	
Equipment is acquired, tuned and maintained and ready for training and competition		Display readiness or assessment of when to incorporate technical changes related to the YTP	
Compete with intent and know the purpose of every training session as designed and assigned (volume, score, matches, shoot uncomfortable etc)		Display progression of technical changes in presence of external cues (in person sessions) Camps etc	
Provide or document appropriate feedback after every training session (apps or update YTP etc)		Display progression of technical changes in absence of external cues (autonomy /video reviews)	
Total Score (out of 5):	0	Total Score (out of 5):	0
Core Skill: Health and Wellness		Complementary Skill: Tactical Learning	
Manage and maintain Mental Performance protocols through consult with coach and MPC staff		Receive tactical input in a receptive manner (environmental, doubles, target alignment etc)	
Manage and maintain proper sleep routines		Display ability to make tactical changes (shot timing etc)	
Manage and maintain proper nutritional needs through consult with Physican or Nutritionalist		Display readiness to incorporate tactical sessions within the YTP	
Maintain assigned warmup and cool down protocols in a consistent and effective manner		Display progression of tactical changes in presence of external cues (in person sessions) Camps etc	
Attend and complete all required IST meetings, appointments, and testing		Display progression of tactical changes in absence of external cues (autonomy /video reviews)	
Total Score (out of 5):	0	Total Score (out of 5):	0

Core Skill: Professionalism		Complimentary Skill: Performance Lifestyle (Pick only one)	
Communicate in an effective, respectful and timely fashion through all mediums (email, video calls, slack, apps etc.)		Prioritizes non-performances decisions	
Complete all required logistics (daily monitoring, PIC(CCES), athlete agreements etc.)		Inconsistently prioritizes performance decisions with external direction	
Comply with all Archery Canada and NPC codes of conduct and agreements including personal posts on social media		Consistently prioritizes performance decisions with external direction	
Be a positive influence in the DTE and competitive environment and an exemplary representative of Archery Canada		Inconsistently prioritizes performance decisions without external direction	
Engage coach and staff in an effective, respectful, and timely fashion regarding negative feedback when applicable		Consistently prioritizes performance decisions without external direction	
Total Score (out of 5):	0	Total Score (1-5):	
Core Skill: Goal Setting and Planning		Mastery Skill: Performance on Demand	
Complete long-term goal setting appropriately and realistically		Demonstrates consistent competition preparation protocols or ability to adapt, related to post competition analysis	
Complete short-term goal setting appropriately and realistically		Communicates clear and strategic competition objectives to coach	
Display appropriate planning and execution towards long term goals		Works together with coach to execute a competition plan to meet personal goals and support the strategic plan of Archery Canada	
Display appropriate planning and execution towards short term goals		Consistently demonstrates adaptability surrounding accessibility issues and other issues out of your control	
Display appropriate planning and execution of foundational skills in absence of external cues (Autonomy)		Communicates clear and critical post-competition analysis	
Total Score (out of 5):	0	Total Score (out of 5):	0
Comments		Comments	
Total Core Competency Score (out of 40):	0		